



Menopause, or the permanent cessation of menstruation, correlated with a decrease in estrogen production, causes metabolic problems and discomfort.

As a result, quality of life decreases, leading to a series of problems, including: loss of energy, fatigue, decreased concentration and memory capacity, depression, lack of motivation, irritability, muscle weakness, decreased sexual desire or impotence, reduced physical vigor, insomnia, weight gain, dry skin, osteoporosis, joint pain, and decreased stature.

The phytoestrogens included in the Biofemin[®] formula have the ability to activate serotonin receptors, reducing symptoms of hot flashes, anxiety, nervousness, irritability, and depression.

Its complex biological molecules, such as triterpenes and glucosides, reduce induced bone loss (osteoporosis) by blocking osteoclastogenesis.

Genistein has the ability to bind with estrogen receptors, mimicking the physiological effects of estrogens without incurring their risks. libido.

Benefits

- Relief of Menopausal Symptoms
- Improvement in Mood
- Restore a Restfull Sleep Cycle
- Reduction of Hot Flashes and Flushes
- Emulation of Estrogenic Effects

Highlights

- Opothotherapeutic Cellular Extracts: Includes Cimicifuga Racemosa, Soybean Seed, Urtica Dioica, and Wild Yam to relieve symptoms.
- Serotonin Regulation
- Benefits for hormonal health and immune system.

Recommended Use

- **Menopause and Climacteric:** Take one capsule in the morning and one in the evening for 6 months. Ideal to combine with Cellorgane Multicomplex[®] Woman.
- **Anxiety, Nervousness, and Irritability:** Take one capsule in the morning and one in the evening for 6 months.
- **Pathologies:** Take one capsule in the morning and one in the evening for 12 months. Evaluate with a doctor every 3 months. Ideal to combine with Bioenzym.
- **Lack of Sexual Appetite:** Take two capsules in the morning and two in the evening for 3 months. Then, continue with one capsule in the morning and one in the evening for 6 months.